
Job Description

Kinesiologist Opportunity in Beautiful Nanaimo, BC!

Company Description:

On the sheltered eastern shores of mid Vancouver Island, Nanaimo is conveniently located to serve as a home base for exploring all that Vancouver Island has to offer. Known as the “Harbour City”, Nanaimo boasts one of the most picturesque waterfronts in Canada and is home to 89,000 of the friendliest people anywhere. Enjoy Spring flowers in February, year round golfing and days at the beach, world famous salmon fishing and scuba diving, hiking through old growth forests, ocean kayaking, surfing and skiing, perhaps all in the same day. Nanaimo is also just a short ferry away from Vancouver and the world renowned ski destination: Whistler. If Nanaimo doesn't amaze you everyday – you're just not doing it right!

Prime' Sport Performance & Therapy is a multi-disciplinary training facility, which specializes in optimizing athletic performance as well as rehabilitation. Our state of the art facility, which is situated in Nanaimo, includes 6000 sq. ft of training floor, weights, and a large area for yoga. Our combined team of sport conditioning coaches, Kinesiologists, Acupuncturists, Athletic Therapists, Chiropractors, Nutritionists and Massage Therapists share their complementary expertise to deliver precise, customized treatment and training plans for athletes of all ages and abilities. To learn more about our company please visit www.primesportperformance.com.

Our Kinesiologist and Performance Coach Mandate

To re-define rehabilitation, training and sports conditioning, by providing athletes and clients with the education, tools, and environment to enhance and maximize their potential and longevity.

Role Summary:

The successful candidate will be enthusiastic about playing a leading role in our rehabilitation team. You must also be comfortable with promoting the benefits of kinesiology, personal training and frequency of appointments while leveraging and promoting the other disciplines in our clinic.

Responsibilities and Duties

- Provide Kinesiology or Personal Training care for our clients. Design sessions based on your clients' specific needs as per their complaints and/or problem areas.
- Oversee program periodizations, and insure all weigh in sheets, performance testing (pre and post), and nutrition forms are up to date

- Supervise/assist with on floor training
- Design and implement individual and team training plans for athletes and clients of all ages
- Hands on Kinesiology/Training: 1 on 1, team and group training
- Perform functional movement screens and exercise capacity evaluations and incorporate results of functional, physiological and biomechanical assessments into client rehabilitation and training programs
- Aid in the assistance of creating new programs, marketing and administrative duties
- Stay active in professional development and maintain current, expert knowledge in the field
- Actively pursue new contacts and clients
- Be a team player and keep your workspace clean and safe.
- Keep records of client visits and communicate with other practitioners, insurance companies and physicians (where applicable).
- Take detailed histories from clients, including information about any past and/or current injuries or conditions that may require special attention.
- Maintain accurate availability for booking
- Assist in coordinating bookings and confirmations if needed.
- Ensure the client has a positive experience which requires empathy, building trust, and making clients feel comfortable and cared for.

Qualifications:

- Post-secondary education with a focus on Kinesiology, Human Kinetics, Sports Sciences, Athletic Therapy or a related field
- Registration with an exercise related governing body (BCAK, CSEP-CEP, C.S.C.S, ACSM Exercise Specialist, or equivalents)
- Current First Aid and CPR
- Insured
- Meticulous, reliable, and dedicated in your work approach
- Self-motivated, mature, and able to work autonomously
- Comfortable in promoting your skills and a strong decision maker
- Able to communicate clearly so as to understand what the client wants to achieve through their sessions
- Comfortable with computers and booking systems
- Soft tissue release qualifications and table experience is an asset (A.R.T, S.T.R, Fascial Stretch)
- Functional movement screen (F.M.S) certification is an asset
- *2+ years experience working in the field of Kinesiology/Athletic Therapy/ performance training IS AN ASSET; however new coaches/Kin's/A.T's are welcome to apply*

Benefits:

- Health benefits packages
- Continuing education
- Vacation time
- Competitive wages
- Opportunity for growth
- Access to private treatment rooms for initial assessments, and/or treatments
- Unlimited Gym access
- Compensation for periodizations and training plans made for your clients

We also offer:

- Direct billing for clients (including ICBC)
- Many of our clients are elite or high performance athletes
- Collaborative and multi-disciplinary work environment
- Friendly and competent front desk staff
- Passionate and supportive owner
- A diverse, fast paced, motivating and inclusive work environment

At Prime'

We strive to build and nurture a culture of inclusiveness and diversity. As an inclusive workplace, our employees are comfortable bringing their authentic selves to work regardless of age, race, gender identity, sexual orientation, or physical or mental ability. An environment where everyone, from any background, can do their best work fuels our innovation and connects us closer to our clients and the communities we serve.

Job Types: Full-time, Part-time

We appreciate your interest in becoming a team member at Prime' Sport Performance & Therapy and will review your application as soon as possible. Please note that only the applicants who are selected to be interviewed will be contacted.